

Booster Seats = Safe Kids

Why are we concerned about the proper use of booster seats?

Thousands of young children are killed or injured in car crashes each year. Proper use of car seats help keep children safe.

Why should children use booster seats?

Booster seats help the seat belt fit over the shoulders and hips of your child, just like an adult seat belt. They protect children by:

- Keeping them safe in the vehicle because the belt holds them in place using the strongest parts of their body (shoulders and hips)
- Protecting their head, neck, and spinal cord
- Slowing their body from moving in a crash

How long should children use booster seats?

- Until their 8th birthday
- Children should be at least 4'9" (4 feet, 9 inches) tall before they can stop using their booster seats.

How should a booster seat fit?

- Make sure the booster seat fits your child and car correctly—read your car seat and vehicle manuals for more information
- Keep the lap belt low and tight on their hips
- Place the shoulder belt across mid-chest and shoulder
- Adjust the head restraint properly

Contact the Health Department at (434) 972-6247 if you have any car seat related questions.

For more information go to: www.safekids.org



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